

You may submit a physician provided School/Camp Form in place of this form.

Camper's Name \_\_\_\_\_

DOB \_\_\_\_\_

Date of Exam \_\_/\_\_/\_\_

This examination should be performed within 12 months of arrival at camp. Examination is for determining fitness to engage in strenuous activity. Please complete ALL sections.

Please rate the following:

Vitals:

V – Satisfactory      X – Not Satisfactory

Hgt \_\_\_\_\_

Wgt \_\_\_\_\_

- HEENT
- Heart
- Lungs
- Abdomen
- Extremities
- Skin
- Neuro

Pulse \_\_\_\_\_

BP \_\_\_\_\_

General Appraisal/Health History:

\_\_\_\_\_  
\_\_\_\_\_

Current Medical Problems and Treatments:

Allergies \_\_\_ NO \_\_\_ YES Please specify \_\_\_\_\_

Asthma \_\_\_ NO \_\_\_ YES Triggers \_\_\_\_\_

Medications (Daily and PRN) \_\_\_\_\_

Will be taken at camp \_\_\_ Yes \_\_\_ No \*(For each medication that camper will be taking at camp, please complete a separate Medication Permission Form. For rescue inhalers please provide a current Asthma Action Plan. For Epipens, please provide a current Allergy Action Plan)

Other: \_\_\_\_\_

\_\_\_\_\_

Restrictions: \_\_\_ NONE \_\_\_ AS NOTED \_\_\_\_\_

You may submit a physician provided School/Camp Form in place of this form.

The following Immunizations and number of doses are required for camp.  
Please provide month/day/year for each dose received.

	Dose 1	Dose 2	Dose 3	Dose 4	Dose 5
<b>DTap</b>					
	Dose 1	Dose 2	Dose 3	Dose 4	
<b>Polio</b>					
	Dose 1	Dose 2	Dose 3		
<b>Hep B</b>					
	Dose 1	Dose 2			
<b>MMR</b>					
	Dose 1	Dose 2			
<b>Varicella</b>					
	Dose 1				
<b>*Tdap</b>					

\*Tdap is required for all campers who are or will be 11 years of age or older upon arrival at camp.

History of Chickenpox disease \_\_\_NO \_\_\_YES Date \_\_\_/\_\_\_

History of other disease above \_\_\_NO \_\_\_YES Disease\_\_\_\_\_ Date\_\_\_/\_\_\_

I have examined the person herein described and have reviewed the health history. It is my opinion that this person is physically able to engage in camp activities, except as noted above.

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

Physician's Name (print) \_\_\_\_\_

Physician's Address \_\_\_\_\_

Physician's Phone \_\_\_\_\_

(Practice Stamp May Be Used Here)